

## SHOW SENSE

**HELP PRESERVE NOREFJELL'S MAGICALLY NATURE AND UNIQUENESS.**

**WE WILL ADVISE YOU HOW YOU TO BE A RESPONSIBLE GUEST IN THE NOREFJELL REGION.**



**Norefjell is labelled Sustainable Destination. This includes a responsibility for a positive development of tourism and the destination – both for those who live and are guests.**

**We ask You to show consideration during your visit.**

### **Respect the nature!**

When hiking, it is important to respect and appreciate its beauty, but also its vulnerability. By leaving no trace, and follow established paths, you ensure that the landscape remains as beautiful for future visitors, as it is for you now. If you are in a protected area, you must follow the local rules!

And if you have to go to the toilet, do it responsibly and away from water, campsites and paths, and don't leave paper behind. Dig it into a hole and cover, if necessary.

Leave plants and flowers untouched, not to damage the local ecosystem, which in the long run will reduce the diversity of plant life. Perhaps it is tradition to build a stone cairn? Keep in mind that this can disturb the landscape and mislead other hikers.

### **Respect the animals!**

Let both people and animals enjoy nature and live in harmony. Wildlife has its natural habitat, and that should be respected. At Norefjell there are wild reindeer, so be careful when you travel and be aware of signs and warnings. Remember to keep dogs on a leash and the gate must be closed after you.

Furthermore, follow the national and local fishing rules, and do not be tempted to feed wild animals; food from humans makes them less adaptable and dependent on this food, and it can interfere with their natural diets. It is best to keep distance if you encounter animals in our nature, not to interfere with reproductive processes or family units.

### **Show consideration in traffic!**

The motorist shares the road with the cyclist, and we must take into account the pedestrian in traffic.

### **Think environment!**

Let's preserve and protect our surroundings together to protect our unique nature and cultural heritage.

... Throw the waste where it belongs, or bring your own rubbish. Maybe you feel like picking someone else's, too?

... Use refillable bottles, and re-use rather than single-use plastic.

... Travel sustainable, such as walking, cycling, public transport or carpooling to reduce wear and tear on nature and disrupt vulnerable ecosystems.

### **Use facilitated areas for camping and respect private property**


It is not allowed to camp in uncultivated land closer than 150 meters from an inhabited house or cabin. Camping on inland land is only allowed by agreement with the landowner.

### **Bonfire ban**

In the period 15th of April to the 15th of September, there is a general ban on bonfires and use of open fires. Use established fire pits and make sure there is no risk of fire. Keep in mind that the disposable barbecues can be flammable and difficult to take with you after use.

### **Feel safe on a trip**

Study the weather forecast and talk to locals before you set out on a trip, and make well-thought-out trip choices, such as dressing appropriately and bringing the necessary equipment.

 **Make sustainable choices – when you can, and if you can!**  
Support our local community by buying what you need locally.